

## 2019 Atlantic Gymnastics Championships FINAL SCHEDULE



## **FRIDAY, APRIL 26, 2019**

SESSION 1 WAG Level 5 (39 athletes)

7:30 – 7:45 am General Warm-up 7:45 – 10:00 am Competition

10:00 – 10:30 am Opening Ceremonies

10:30 – 11:00 am Awards

SESSION 2 WAG Tyro 6 and Novice 6 (47 athletes)

MAG Level 1 U8 / U10 and Level 2 U10 (21 athletes)

10:30 – 10:45 am General Warm-up 10:45 – 2:00 pm Competition 2:00 – 2:30 pm Awards

SESSION 3 WAG Argo 7, Tyro 7, and Novice 7 (46 athletes)

MAG Level 1 U12/12+ and Level 2 U12/12+ (20 athletes)

2:30 – 2:45 pm General Warm-up 2:45 – 6:00 pm Competition 6:00 – 6:30 pm Awards

SESSION 4 WAG Argo 6, Open 6, and Open 7 (26 athletes)

6:30 – 6:45 pm General Warm-up 6:45 – 8:45 pm Competition 8:45 – 9:15 pm Awards

## SATURDAY, APRIL 27, 2019

SESSION 5 WAG Level 8 and Aspire 1 (33 athletes)

8:00 – 8:15 am General Warm-up 8:15 - 11:00 am Competition 11:00 – 11:30 am Awards

SESSION 6 WAG Level 9 and 10 (29 athletes)

MAG Levels 3, 4, 5, Elite, and National Open (30 athletes)

11:30 – 11:50 am General Warm-up 11:50 – 2:30 pm Competition 2:30 – 3:00 pm Awards